

**Bob Powers** and **Julia Gorchakova** are the 12 time undefeated **US Rhythm Champions** as well as 3 time **World Mambo Champions**. In 1998 they were finalist in the World Showdance Championships in Holland. They are members of the Arthur Murray International Dance Board. Bob is currently a traveling coach, consultant and ballroom adjudicator. They are co-owners and developers of **Core Rhythms**, [www.corerhythms.com](http://www.corerhythms.com), an aerobic Latin dance fitness program sold throughout the world. **Core Rhythms** has become one the top selling video fitness programs in the US and has achieved great success throughout Europe and Asia. The company is now expanding into licensing, making it available to anyone wishing to certify as a **Core Rhythms Instructor**.

**Bob and Julia** spend most of their time in Scottsdale, AZ where **Bob** teaches and works on developing the **Core Rhythms** programs and running the company. **Julia** and her mother **Natalia** have combined to open a ballroom dance costume company, **Artistry in Motion**. With **Julia's** original designs and **Natalia's** eye for detail the company has become a huge success.

They are members of the board of the **World Dance Arts Foundation** <http://worlddancearts.org/>, an organization founded by Andrew and Anna Smart. The **WDAF** is an organization designed to promote and provide ballroom dancing to children throughout the world. They currently provide instruction to over 4,000 children enrolled in the program as well as donate hundreds of thousands of dollars to children's dance organizations.

**Bob and Julia** co-organize the **Sunburst Ball** <http://worldpromotionsinc.com/sbb.htm>, along with **World Promotions Inc.** one of the largest competition organizers in the United States. The **Sunburst** is a dance competition held yearly in Scottsdale, AZ during the second weekend of December. The **Sunburst** offers free entries to children.

**Julia Gorchakova** was born in St. Petersburg, Russia and trained by her mother from the time she was six until she left home at age 16. She relocated several times in order to find a partner. **Julia** first tried moving to Japan, and then to the far east of Russia in order to continue her competitive dance career. She competed as a junior throughout Russia and Japan and taught ballroom dancing to children at the local schools throughout Russia. **Julia** came to America in 1991 after meeting **Bob** at a local party in the Russian city. The two decided to try the partnership and in November of 1991 **Julia** moved to Phoenix, AZ where they married in September of 1992.

**Bob Powers** was born in Philadelphia, PA and started dancing at the age of 17 after seeing the movie **Saturday Night Fever**. He soon started teaching in an Arthur Murray Studio in Scottsdale, AZ at the age of 18 after being spotted in a local night club by a studio owner. Over the next 15 years he taught and managed the Arthur Murray Studio in Phoenix while training, practicing and competing with a number of different partners. The couple met in Russia while **Bob** was doing a tour with his former partner and a group of fellow American dancers. He decided to forgo his plan of owning and operating a studio and pursue his competitive dance career. Bob had been ranked as high as fourth in the US with two other partners but never won a major championship until teaming up with **Julia**. They currently hold the record for the most United States Championships ever won by a US couple.

Over the years the two have traveled throughout the US and abroad teaching, lecturing, competing and performing shows. They have toured and performed in China, Germany, Japan, Holland, France, England, Mexico, and Canada. To maintain their high level of fitness they run,

lift weights, do **Core Rhythms**, and work with a personal strength and stretching coach. Their dance training has come mainly from Julia's mother and **Rick Valenzuela**, the co-star of the hit movie "Dance with Me" starring Vanessa Williams. As well they were trained by Paul Killick and Taliot and Marina Tarsonov.